

Our mission is to enhance the lives of children and adults with intellectual and developmental disabilities (I/DD) and their families.

WHAT WE DO

The Arc's Family Support Services (FSS) program provides free one-on-one guidance, helping care providers develop and implement plans that address the immediate and long-term needs of their family members with intellectual and developmental disabilities (I/DD). Our team is available to help with:

- Connecting families to community resources like funding programs, medical providers, respite care, support groups, case management services and advocacy.
- Planning for post-graduation supports such as day programs, vocational training, guardianship and alternatives, special needs trusts, and residential opportunities.

Working closely with school districts and specializing in transition services, the staff help families in Bexar and surrounding counties access community-based services throughout all stages of life. There are no income or age restrictions to meet with an FSS Coordinator.



Parent Testimonial

“I recently had the absolute pleasure of meeting with The Arc. The Support Services Coordinator truly made my experience wonderful. The Arc provides everything parents of special needs students desire when receiving information, support, and guidance. Finding resources, knowing which forms to fill out first, and hearing about wait lists tends to be more overwhelming than our children could ever be. I couldn't believe how fast things were happening in such a positive way! I finally feel like I am moving in the right direction! I thank The Arc for being a company that was created to go over and beyond!”

Set up a meeting

Schedule your appointment today with a member of the Family Support Services team. Please contact us at (210) 490-4300 and ask to speak with the Case Manager of the Day or email

FSSTeam@arc-sa.org