

Dear Dobie Parents and Guardians,

We would like to take a moment to reintroduce the Counseling department to your family. Ms. Navarro, Ms. Schroeder, and Ms. Ruhd are the counselors at your child's school. We know that the days ahead will be different for us all and difficult for some of us. However, this need not be a bad time for your family. Please be assured that we will continue to support your child during this time.

We wanted to reach out to let you know that we will be sending out information for all students through our Google Classroom. The codes to login to the 7th and 8th grades are listed below. Typically, in our school counseling program we offer resources to help students succeed in their academic goals, as well as support social and emotional growth throughout the school year. Because of the change to remote/virtual learning, supporting your student will look different. However, we want to assure you that you and your student will still have access.

If you or your student needs some additional assistance, we are available by email for any questions or concerns you or your student may have. If your student needs additional services and would like to speak via phone please email and we can discuss how we can do a brief check in.

You and your child will get through this. We will all work together to continue to help your child grow.

Google Classroom Codes:

7th Grade –qyh2xx5

8th Grade –awv3wy6

If your family is in need of any social services such as McKinney Vento or Foster Care, you may still contact our district social worker at rrodriguez@scuc.txed.net or at 210-945-6443. If you leave a message, she will call you back. You may also visit the social services page on the district website.

Finally, we have provided some links that may assist you in supporting your child through this time. You and your child will get through this. We will all work together to continue to help your child grow.

Stay Well,

Dobie Counseling Department

Talking to Children About COVID-19. Published by National Assoc. of School Psychologist and National Assoc. of School Nurses.

[https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource)

Talking With Children Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks
https://store.samhsa.gov/system/files/pep20-01-01-006_508_0.pdf

Talking With Children About Coronavirus Disease in 2019. Published by the Center for Disease Control
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>

Helping Children Cope with Emergencies

<https://www.cdc.gov/childrenindisasters/helping-children-cope.html>