

# Professional School Counselor Qualifications

In accordance with the State Board of Education, SCUCISD professional school counselors must hold a Master's degree in counseling, have a minimum of two years teaching experience, and have successfully completed the state examination for school counselor certification. Additionally, school counselors will continue their professional education in order to continually meet the needs of our students. All SCUCISD professional school counselors will strictly adhere to the professional and ethical standards set forth by the American School Counselor Association and Texas Counseling Association.



## Mission Statement

The Schertz-Cibolo-Universal City Independent School District comprehensive school counseling program provides all students with resources to access opportunities for their continued educational, career, social-emotional, and personal development.

## Belief Statement

We believe school counselors, educators, parents, and community members are partners in empowering students with the knowledge and skills necessary to become responsible learners and decision makers.

## Program Rationale

Compelling empirical evidence demonstrates the positive impact a comprehensive school counseling program has on the overall academic achievement of students, their attendance, and their behavior as well as the overall school climate.



You may also visit the SCUCISD Counseling Website.



**SCHERTZ-CIBOLO-UNIVERSAL  
CITY INDEPENDENT SCHOOL  
DISTRICT**

**COUNSELING PROGRAM**



Your job is not to judge.  
Your job is not to figure  
out if someone deserves  
something. Your job is  
to lift the fallen,  
to restore the broken,  
and to heal the hurting.

## Individual and Group Counseling

SCUCISD School Counselors are available to assist students with a wide range of personal concerns that are causing a disruption in their educational experience, including such areas as social, family, emotional, or mental health issues. A student who wishes to meet with his/her school counselor should fill out a counselor meeting request form in the counseling office. As a parent, if you are concerned about your child's mental or emotional health, please contact your child's counselor for a list of resources that may be of assistance. Some areas that counselors can help with are as follows:

- Adjusting to a new school
- Anxiety, fear
- Relationships
- Balancing Activities
- Conflict Resolution
- Communication, Self-expression
- Grief
- Family Dynamics, Divorce
- Responsible Behavior

## Academic Counseling

Elementary/Intermediate/Junior High

School counselors are available to talk to students and parents about the importance of post-secondary education and how best to plan for post-secondary education, including appropriate courses to consider. Counselors will also introduce students to various career choices in accordance with House Bill 5.



### High School

High school counselors will talk to students and parents about course offerings, graduation requirements, and post-secondary options. School counselors will provide information about college entrance exams and application processes, as well as information about automatic admission, financial aid, housing, and scholarships as these relate to state colleges and universities. Information will also be provided about workforce opportunities after graduation and/or technical and trade schools.

## Four Components of the Comprehensive Guidance and Curriculum Program

### Guidance Curriculum

Provides guidance content in a systematic way to all students.

#### Purpose

- Awareness, skill development, and application of skills needed in everyday life.

### Responsive Services

Addresses the immediate concerns of students.

#### Purpose

- Prevention, Intervention

### Individual Planning

Assists students in monitoring and understanding their own development, including post-secondary readiness.

#### Purpose

- Student planning and goal setting

### System Support

Includes program and staff support activities and services.

#### Purpose

- Program delivery and support

SCUCISD counselors want to help ensure that all students have the opportunity to grow in a way that they can handle the high expectations of post-secondary education, employment, and civic responsibility.